



Veronica Clanton-Higgins, MSW

America's #1 Transformative Emotional Healer™

Keynote Speaker~Facilitator~Author



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Veronica is a smart, energetic and caring person who is an inspiration to so many as she openly shares her touching story as well as her vast understanding of human behavior. She is an awesome presenter and brings a positive energy that is empowering and contagious!

-Angie D.H., Long Beach Health Dept.



Instagram

[@prosper_vch](https://www.instagram.com/prosper_vch)



LinkedIn

[@veronicaclantonhiggins](https://www.linkedin.com/company/veronicaclantonhiggins)



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[@vchprosperityconsulting](https://www.facebook.com/vchprosperityconsulting)

Speaking Topics

Bio

Sisterhood of Healing

Discussion series highlighting the power of female friendships and how to properly navigate the intricacies of sisterhood. Topics include, ending toxic friendships and tapping into the essence of being "my sister's keeper".

Divine Femininity

Divine femininity is a subtle discussion about the essence of female sexuality. Focus is given to how social constructs create paradigms that often restrict, as well as inhibit, women from connecting to their sexual self in a positive way.

Is Your Cup Empty?

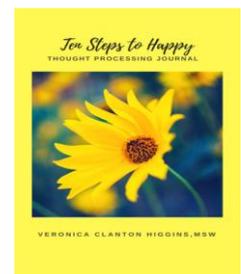
Self Care is critical. How are you taking care of YOU? If you aren't taking care of yourself how can you take care of others? "Is Your Cup Empty?" explores what self care looks like and provides strategies to begin the habit of filling up your cup.

Veronica Clanton-Higgins, MSW, is the founder and CEO of VCH Prosperity Consulting. Veronica started VCH Prosperity Consulting in 2016 to address the social, emotional and spiritual needs of women in her community through her empowering and inspirational Life Coaching. She has made it her life's purpose to focus on improving the lives of others through the use of various therapeutic healing processes. Veronica's ultimate goal is to help people to connect to the core of who they are through the use of mindfulness and self affirming techniques.

A native of Compton, CA, Veronica is known for her community advocacy, support/healing of women, and youth mentorship. She created S.O.S. (Squad of Survivors), a nine week program that promotes healing through Sisterhood. Veronica uses this method because "healing is more effective when you have a strong support system."

Veronica's most recent work includes a research study in collaboration with California State University, Long Beach and the Black Infant Health program which focused on reducing stress in African American women. She also created a thought processing journal, "Ten Steps to Happy"

Ten Steps to Happy.
Available on Amazon.



Book Veronica Today!

Keynote Speaker

Energetic and professional speaker able to deliver a message that reflects the theme of your event.

Workshop Facilitator

1 Hour workshops available based on the S.O.S program and the Sisterhood of Healing Series .

Panelist

Engaging panelist who has knowledge regarding female sexuality, female empowerment, and a variety of female centered topics.